



Lap Swimming at the Northshore Lagoon Pool

September through June

Monday through Friday 9am-3pm

Monday-Thursday 7pm-8pm

No lap swimming on Saturday or Sunday

Whenever schools are out on a holiday, there is no lap swimming
(Veteran's Day, MLK Day, etc)



LAP SWIMMING POLICY & ETIQUETTE

- You must welcome people into the lane.
- 2 people? Swim on each side or circle swim.
- 3 people or more? Circle Swim counterclockwise.
- No Children unless they are lap swimming continuously.
- No flip turns in shallow end!
- No Water Walking please
- Each swimmer is responsible to watch where you are going.
- No lanes available for lap swimming on Saturday or Sunday.
- When schools are out on vacation or when we are very busy there will be no lanes in. Friday morning will have lanes in 7/10-9/5