



## SUMMER LAP SWIM HOURS

### July 8<sup>th</sup> – September 2<sup>nd</sup>

**Morning:** Friday morning only 9am-10am, 10am-11am

**Evening:** Monday-Thursday 7:00-8:00pm

No lap swimming on Saturdays or Sundays



### LAP SWIMMING POLICY & ETIQUETTE

- You must welcome people into your lane.
- 2 people in a lane? Please communicate if you will swim on sides or circle swim.
- 3 people or more? Circle Swim Counter Clockwise.
- No children unless they can swim continuously.
- Lap swim lanes are not for family instruction.
- No Flip Turns in the shallow end – no exceptions!
- No water walking please.
- Each swimmer is responsible to watch where you are going.
- No lanes available for lap swimming Saturday or Sunday.
- Starting July 8<sup>th</sup> – no morning lanes available except on Fridays from 9:00am-11:00am. This is due to our morning swim lessons Mondays-Thursday through August 29<sup>th</sup>.
- Monday-Thursday evenings 7-8pm as long as the pool is not super busy.
- Please exit the pool promptly when the session is over.