

## Edgefield Ruby's Spa & Salon

Red-haired sorceress Ruby is the namesake of our signature Ruby Ale and, of course, spa. She is found in artwork throughout McMenamins. Edgefield Ruby's Spa (little sister to our original location at Grand Lodge) is the perfect spot to while away some time in complete relaxation and comfort.

Slip into the soothing oasis of our soaking pool, surrounded by lush flora, as the perfect complement to your visit. Open year 'round, there are no added chemicals in the saltwater pool, for a gentler soak. Bathing suits are required, and we provide a dressing room and lockers. Guests must be at least 18 years old or accompanied by an adult.

*Please note: We recommend that you use the soaking pool prior to your appointment, to avoid rinsing away any skin care products after your treatment.*

At Edgefield, the soaking pool is reserved for overnight guests and Ruby's Spa clients only.

## Eminence Organics

Ruby's Spas are proud to offer this complete line of European beauty essentials containing all-natural organically-grown herbs, fruits and vegetables. Over 40 years of experience and extensive research are behind the effectiveness of these superior spa treatments, a unique combination of fresh ingredients which are hand-mixed with thermal hot spring waters containing minerals and trace elements. All of the Eminence products are handmade in Hungary, without heating or hydrogenating processes. Vitamins are captured in their all-natural fresh state, offering dramatic results, as actual seeds, pulps and peels begin the natural regenerative and healing process.

You can see and feel the difference immediately.

# RUBY'S SPA & SALON

McMenamins Edgefield

## SKIN CARE

### Ruby's Spa Facial

*30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175*

Using fruits, herbs and spices, a thorough cleansing, exfoliation, masque and soothing facial massage performed by a trained aesthetician will make your skin shimmer and glow. The ingredients change with the season, to provide you with the freshest potion possible.

### Clear Skin Facial

*60 minutes . . . \$145*

Let Mother Nature help cleanse and refine your complexion with healing, antibacterial element such as Hungarian mud, clays and more, custom blended for those with acne-prone or reactive skin. Our licensed aestheticians will give you suggestions on specially designed products and instructions to further treat your skin at home.

### Rejuvenating Facial

*60 minutes . . . \$145*

This anti-aging treatment addresses the skin's loss of elasticity and environmental damage. Loaded with potent organic vitamins and rich plant greens, your skin will be lifted, toned and rebalanced. You'll feel revitalized, radiant and perhaps even years younger.

## Sun & Moon Facial

*90 minutes . . . \$175*

Experience the warmth of the sun and the coolness of the moon – the natural acids of fresh apple and grape pulps blended with paprika and other warming herbs act as natural exfoliants and stimulating detoxifiers, while a chilled organic masque soothes your skin until it's illuminated.

## Ruby's Spa Back Treatment

*60 minutes . . . \$145*

Using exotic spices, fruits and vegetables, this back treatment will increase circulation and cleanse and exfoliate your shoulders and back, specific to your skin's needs. Finally, aromatic body butter will be smoothed into your skin so you're refreshed and glowing.

## Clarifying Back Treatment

*60 minutes . . . \$145*

We'll refine the tender skin on your back using natural products, specific to your skin concerns. A healing blend of fresh fruits and vegetables will be used to cleanse and exfoliate your skin, while treating breakouts at the source. Finally, enjoy the luscious scent of a whipped moisturizer that will keep your skin hydrated and clear.

## Bright Eyes Treatment

*Add to any facial . . . \$25 Stand-alone treatment . . . \$30*

Relax and destress as we use natural products to gently exfoliate and stimulate your eye area, reducing puffiness and dark circles. A pressure point massage gently eases away any remaining signs of stress.

## Full-fill Lip Treatment

*Add to any facial . . . \$25 Stand-alone treatment . . . \$30*

We'll exfoliate, hydrate and plump your lips using natural peptides and hawthorn berries that aid in building collagen and filling in fine lines.

## Elixir Oil Treatment

*15 minutes: Add-on . . . \$25 Stand-alone . . . \$30*

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

## Add Paraffin

*Hand . . . \$15 Feet . . . \$15 Both . . . \$25*

# BODY TREATMENTS

## Edgefield Seasonal Body Works

*60 minutes...\$140*

Natural, seasonal ingredients are used to scrub, wrap and soothe your entire body from head to toe. Simply wonderful.

## Detoxification Body Treatment

*60 minutes...\$140*

Done a bit too much celebrating lately? In this treatment, we'll use natural products to scrub and wrap your body while harmful toxins are drawn out. Then, after the product removal, your skin will be soothed with a calming finishing lotion. It'll help cure what ails you.

## Body Scrub

*45 minutes...\$100*

The technician begins with a light Jasmine Green Tea cleanse. This is followed by an exfoliating coarse sugar scrub and soothing warm towels. After removing the scrub, body butter is applied to fully moisturize the skin.

# MASSAGE

## Ruby's Spa Massage

*30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175*

Luxurious oils are used with gentle massage techniques to assist with stress relief and muscle aches. Our skilled therapist will incorporate different techniques to make your experience unique.

## Hot Stone Massage

*60 minutes . . . \$155 90 minutes . . . \$190*

Warm basalt stones and rich oils create a truly relaxing massage. The heat of thermal stones releases tension along the body's pathways (spine, shoulders, legs and back). Your therapist will then use the stones with massage techniques to rebalance and renew your energy.

## Spellbound Aroma Massage

*90 minutes . . . \$185*

Incorporating the healing powers of custom-blended aromas, this massage will take you to a dream state of relaxation. Soothing, kneading and stretching massage strokes will leave you thoroughly rejuvenated.

## Hammerhead Deep Tissue Massage

*60 minutes . . . \$145*

Feel your body give a sigh of relief as tension bound deep within your muscles is released with this powerful, effective treatment. Organic oils and therapeutic massage provide intensive therapy for muscles, joints and ligaments.

## Mommy-To-Be Massage

*60 minutes . . . \$135*

Designed to pamper the expectant mother at any stage of pregnancy, we offer gentle relief from the natural tension and physical demands of pregnancy, while restorative oils nourish and soothe overworked skin.

## Couple's Massage

*60 minutes . . . \$285 90 minutes . . . \$365*

Try a side-by-side appointment, where you'll both be treated to a massage by two trained therapists.

Let them knead, ease and relieve tension as you and your partner enjoy each other's company.

## Elixir Oil Treatment

*15 minutes: Add-on . . . \$25 Stand-alone . . . \$30*

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

## Add Paraffin

*Hand . . . \$15 Feet . . . \$15 Both . . . \$25*

## Add Myofascial Cupping

*Add to any table massage . . . \$15*

Deep release of myofascial tissue.

## CBD Oil Blend

*Add to any table massage . . . \$30*

# FOOT AND HAND THERAPY

## Foot Massage

*45 minutes . . . \$85*

Relax, refresh and revive your tired feet with a foot soak and massage.

## Foot Treatment

*60 minutes . . . \$100*

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

## Hand Therapy Massage

*45 minutes . . . \$75*

Soothing relief for tired hands and forearms; our therapists will use focused massage techniques to work out the kinks in your muscles. As an added benefit, they'll work in a sugar scrub and paraffin wax to leave your skin soft and moisturized.

# NAIL SALON

*Please note that sitting in the soaking pool after a nail treatment will cause your polish to bubble; we suggest you arrive early to enjoy the pool before your treatment.*

## Edgefield Manicure

*45 minutes . . . \$65*

Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Finally, a warm mitten or boot wrap deeply conditions your skin.

Finish with a nail buff or polish of your choice.

## Edgefield Pedicure

*60 minutes . . . \$75*

## Ruby's Express Manicure

*30 minutes . . . \$50*

## Ruby's Express Pedicure

*45 minutes . . . \$60*

In a bit of a hurry? Enjoy the benefits of our express nail services that uses seasonal products from a changing menu. Nails are trimmed, cuticles are tidied and your skin is lightly massaged. Finish with a nail buff or polish of your choice.

## Shellac

*Add on . . . \$20*

*Removal . . . \$10*

*Shellac only . . . \$30*

*Add French . . . \$10*

Shellac is a nail color treatment that is applied like a polish and set under a UV lamp, resulting in an instantly dry color that lasts for up to two weeks.

**Polish Change Only . . . \$30**

**French Manicure or Pedicure . . . add \$10**

# WAXING

## Depilatory Waxing

*Brows . . . . . \$22*

*Bikini . . . . . \$47*

*Brazilian . . . . . \$72 and up*

*Full leg . . . . . \$72*

*Half leg . . . . . \$47*

*Full arm . . . . . \$42*

*Half arm . . . . . \$32*

*Underarm . . . . . \$22*

*Lip or chin . . . . . \$20*

*Lip & brow or chin . . . . . \$34*



# RUBY'S SPA PACKAGES

## The Perfect Potion

*\$280*

A great way to enjoy our most popular services. Start off with an hour-long Ruby's Spa Massage. Next, enjoy an hour-long Ruby's Spa Facial and a 45-minute Ruby's Express Pedicure.

## Ruby's Retreat

*\$382*

Need some serious pampering and luxury? This is your package. Begin with an hour-long Ruby's Spa Massage. Next, enjoy a lavish 90-minute Sun & Moon Facial, followed by an Edgefield Manicure and Pedicure.

# MEN'S TREATMENTS

## Shape & Buff

*30 minutes . . . \$45*

Your nails will be filed and shaped, removing rough edges and cuticles.

## Foot Massage

*45 minutes . . . \$85*

Relax, refresh and revive your tired feet with a foot soak and massage.

## Foot Treatment

*60 minutes . . . \$100*

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

## Hammerhead Deep Tissue Massage

*60 minutes...\$145*

Feel your body give a sigh of relief as tension bound deep within your muscles is released with this powerfully effective treatment.

## Workingman's Facial

*60 minutes...\$135*

Feeling rough and dry?

Let us cleanse, exfoliate and moisturize your visage so it's soft, smooth and refreshed.

## Waxing

*Back or chest....\$47 and up*

# SOAKING POOL

Slip into the soothing ripples of our soaking pools as the perfect complement to your visit. At Edgefield, the freeform pool in private surroundings behind the spa inspires calm and relaxation. Available exclusively to hotel and spa guests.

Gently heated and open year-round, the pool is filled with chemical-free saltwater. Bathing suits are required; locker rooms are provided. Guests must be 18 years old or must be accompanied by an adult.

*Please note: We recommend that you use the soaking pool prior to your spa appointment, to avoid rinsing away any skin care products after your treatment.*

# A FEW THINGS TO NOTE . . .

- **Plan ahead.** We recommend scheduling your appointment prior to visiting the spa for the greatest availability of services. We require a credit card to secure your spot.
- **Arrive ahead of time.** Please arrive at least 15 minutes prior to your appointment. We are committed to beginning and ending your services on time. Any late arrivals are required to pay the full price for shortened services. Please shower prior to any treatment.
- **What to wear.** A robe and spa slippers are provided for use during your visit. Hotel guests may arrive at the spa in the robes provided in their room. All therapists are highly skilled in correct draping procedures to ensure complete privacy and comfort. If you prefer, you may choose to leave undergarments on during your services.
- **When booking seven or more appointments.** A 50% deposit will be required at time of booking.
- **Cancellation policy.** Please let us know 24 hours in advance if you need to cancel or change a scheduled appointment. We charge 50% of the service fee for cancellations or changes made with less than 24 hours notice. No-shows are charged the full-service price.
- **We'd like to know.** Please inform us of any special needs that require extra attention. If you are pregnant or have a medical condition, certain treatments are not recommended.
- **Age guidelines.** Guests of Ruby's Spa must be at least 18 years old or accompanied by an adult.
- **What to bring.** Please remove jewelry prior to visiting the spa, and refrain from bringing valuables. Day lockers are available for guests not staying at the hotel. Bring your swimsuit to enjoy the soaking pool.
- **Tips.** Gratuities are not included in pricing and are appreciated in acknowledgment of superior service.

*Prices and services are subject to change without notice.*