

## Ruby's Spa at Grand Lodge

Red-haired sorceress Ruby is the namesake of our signature Ruby Ale and, of course, spa. She is found in artwork throughout McMenamins. Our original Grand Lodge Ruby's Spa (big sister to our second location at Edgefield) is the perfect spot to while away some time in complete relaxation and comfort.

Slip into the soothing oasis of our soaking pool, surrounded by lush flora, as the perfect complement to your visit. Open year 'round, there are no added chemicals in the saltwater pool, for a gentler soak. Bathing suits are required, and we provide a dressing room and lockers. Guests must be at least 18 years old or accompanied by an adult.

*Please note: We recommend that you use the soaking pool prior to your appointment, to avoid rinsing away any skin care products after your treatment.*

Overnight guests and day visitors to the Grand Lodge are all welcome at Ruby's Spa, as well as to our soaking pool.

## Eminence Organics

Ruby's Spas are proud to offer this complete line of European beauty essentials, which contain the highest levels of all-natural organically grown herbs, fruits and vegetables, hand-selected to guarantee their highest quality. Over 40 years of experience and extensive research have proven the effectiveness of these superior Hungarian spa treatments, a unique combination of fresh ingredients mixed with thermal hot spring waters containing minerals and trace elements.



# RUBY'S SPA

## McMenamins Grand Lodge

### SKIN CARE

#### Ruby's Spa Facial

*30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175*

Using fruits, herbs and spices, a thorough cleansing, exfoliation, masque and soothing facial massage performed by a trained aesthetician will make your skin shimmer and glow. The ingredients change with the season, to provide you with the freshest potion possible.

#### Clear Skin Facial

*60 minutes . . . \$145*

Let Mother Nature help cleanse and refine your complexion with healing, antibacterial elements such as Hungarian mud, clays and more, custom blended for those with acne-prone or reactive skin. Our licensed aestheticians will give you suggestions on specially designed products and instructions to further treat your skin at home.

#### Rejuvenating Facial

*60 minutes . . . \$145*

This anti-aging treatment addresses your skin's loss of elasticity due to the natural aging process as well as environmental damage. Loaded with potent organic vitamins and rich plant greens, your skin will be lifted, toned and rebalanced. You'll feel revitalized, radiant and perhaps even years younger!

#### Sun & Moon Facial

*90 minutes . . . \$175*

Experience the warmth of the sun and the coolness of the moon – the natural acids of fresh apple and grape pulps blended with paprika and other warming herbs act as natural exfoliants and stimulating detoxifiers, while a chilled organic masque soothes your skin 'til it's illuminated.

## Ruby's Spa Back Treatment

*60 minutes...\$145*

Using exotic spices, fruits and vegetables, this back treatment will increase circulation and cleanse and exfoliate your shoulders and back, specific to your skin's needs. Finally, aromatic body butter will be smoothed into your skin so you're refreshed and glowing.

## Clarifying Back Treatment

*60 minutes...\$145*

We'll refine the tender skin on your back using natural products specific to your skin concerns. A healing blend of fresh fruits and vegetables will be used to cleanse and exfoliate your skin, while treating breakouts at the source. Finally, enjoy the luscious scent of a whipped moisturizer that will keep your skin hydrated and clear.

## Bright Eyes Treatment

*Add to any facial . . . \$25 Stand-alone treatment . . . \$30*

Relax and destress as we use natural products to gently exfoliate and stimulate your eye area, reducing puffiness and dark circles. A pressure point massage gently eases away any remaining signs of stress.

## Full-fill Lip Treatment

*Add to any facial . . . \$25 Stand-alone treatment . . . \$30*

We'll exfoliate, hydrate and plump your lips using natural peptides and hawthorn berries that aid in building collagen and filling in fine lines.

## Hibiscus Trio Treatment

*Add to any facial . . . \$25 Stand-alone treatment . . . \$30*

See instant results with Eminence's Ultra Lift Advanced Age Corrective products. Targeted products including eye cream, line filler, and neck cream are the perfect add-on to the rejuvenating facial.

## Elixir Oil Treatment

*15 minutes: Add-on . . . \$25 Stand-alone . . . \$30*

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

## Add Paraffin

*Hand . . . \$15 Feet . . . \$15 Both . . . \$25*

# BODY TREATMENTS

*Enjoy a 10% discount on any massage or facial when added to a body treatment; this service must be reserved in advance.*

## Grand Lodge Seasonal Body Works

*60 minutes...\$140*

Natural, seasonal ingredients are used to scrub, wrap and soothe your entire body from head to toe. Choose your own scents and aromas from a menu of products that change with the season, ensuring the freshest ingredients available.

## Detoxification Body Treatment

*60 minutes...\$140*

Done a bit too much celebrating lately? In this treatment, we'll use natural products to scrub and wrap your body while the toxins leave your skin. Then, after the product removal, your skin will be soothed with a calming finishing lotion.

## Body Scrub

*45 minutes...\$100*

The technician begins with a light jasmine green tea cleanse. This is followed by an exfoliating coarse sugar scrub and soothing warm towels. After removing the scrub, body butter is applied to fully moisturize the skin.

## CBD Body Scrub

*45 minutes...\$130*

The technician begins with a light jasmine green tea cleanser. This is followed by an exfoliating CBD Himalayan pink salt scrub and soothing warm towels. After removing the scrub, a manuka honey body lotion is applied to fully moisturize the skin.

# MASSAGE

## Ruby's Spa Massage

*30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175*

Luxurious oils are used with gentle massage techniques to assist with stress relief and muscle aches.

## Hot Stone Massage

*60 minutes . . . \$155 90 minutes . . . \$190*

Warm basalt stones and rich oils release tension along the spine, shoulders, legs and back to rebalance and renew your energy.

## Spellbound Aroma Massage

*90 minutes . . . \$185*

This massage will take you to a dream state of relaxation using custom-blended oils. Soothing massage strokes will leave you thoroughly rejuvenated.

## Hammerhead Deep Tissue Massage

*60 minutes . . . \$145*

Tension bound deep within your muscles is released with this effective treatment. Organic oils and massage provide intensive therapy for muscles, joints and ligaments.

## Mommy-to-Be Massage

*60 minutes . . . \$135*

Ideal for the expectant mother in her second or third trimester, this massage offers gentle relief from the natural tension and demands of pregnancy, while restorative oils soothe overworked skin.

## Couple's Massage

*60 minutes . . . \$285 90 minutes . . . \$365*

Try a side-by-side appointment, where you'll both be treated to a massage by two trained therapists. Let them knead, ease and relieve tension as you and your partner enjoy each other's company.

## Chair Massage

*15 minutes . . . \$40*

Need to relax or ease muscle pain but don't have time? A chair massage in your clothes is your quick cure.

## Add Paraffin

*Hand . . . \$15 Feet . . . \$15 Both . . . \$25*

## Elixir Oil Treatment

*15 minutes: Add-on . . . \$25 Stand-alone . . . \$30*

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

## Add Myofascial Cupping

*Add to any table massage . . . \$15*

Deep release of myofascial tissue.

## CBD Oil Blend

*Add to any table massage . . . \$30*

# FOOT AND HAND THERAPY

## Grand Lodge Foot Massage

*45 minutes . . . \$85*

Relax, refresh and revive your tired feet with a foot soak and massage.

## Grand Lodge Foot Treatment

*60 minutes . . . \$100*

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

## Hand Therapy Massage

*45 minutes . . . \$75*

Soothing relief for tired hands and forearms; our therapists will use focused massage techniques to work out the kinks in your muscles. As an added benefit, they'll work in a sugar scrub and paraffin wax to leave your skin soft and moisturized.

# NAIL SALON

*Please note that sitting in the soaking pool after a nail treatment will cause your polish to bubble; we suggest you arrive early to enjoy the pool before your treatment.*

## **Grand Lodge Manicure**

*45 minutes . . . \$65*

## **Grand Lodge Pedicure**

*60 minutes . . . \$75*

Customize your own manicure and pedicure using products chosen from a changing seasonal menu. Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Finally, a warm mitten or boot wrap deeply conditions your skin.

Finish with a nail buff or polish of your choice.

## **Ruby's Express Manicure**

*30 minutes . . . \$50*

## **Ruby's Express Pedicure**

*45 minutes . . . \$60*

In a bit of a hurry? Then enjoy the benefits of our express nail services that use seasonal products from a changing menu. Nails are trimmed, cuticles are tidied and your skin is lightly massaged. Finish with a nail buff or polish of your choice.

## **Shellac Only... \$30**

*Add on...\$20*

*Removal... \$10*

*Add French... \$10*

Shellac is a nail color treatment that is applied like a polish and set under a UV lamp, resulting in an instantly dry color that lasts for up to two weeks.

## **Polish Change Only...\$30**

**French Manicure or Pedicure...add \$10**



# RUBY'S SPA PACKAGES

## The Perfect Potion...\$280

A great way to enjoy our most popular services. Start off with an hour-long Ruby's Spa Massage. Next, enjoy an hour-long Ruby's Spa Facial and a 45-minute Ruby's Express Pedicure.

## Ruby's Retreat...\$382

Need some serious pampering and luxury? This is your package. Enjoy a lavish 90-minute Ruby's Spa massage, 60-minute facial, followed by a Grand Lodge Manicure and Pedicure.

## The Works...\$433

This treatment has it all. Begin with an hour-long body treatment (Seasonal Body Works or Detoxification), followed by another hour of a Ruby's Spa Massage. Next, enjoy a lavish 90-minute Sun & Moon Facial, along with the Bright Eyes and Full-fill Lip treatments.

# WAXING

## Depilatory Waxing

<i>Brows</i> .....	\$22
<i>Bikini</i> .....	\$47
<i>Brazilian</i> .....	\$72 and up
<i>Full leg</i> .....	\$72
<i>Half leg</i> .....	\$47
<i>Full arm</i> .....	\$42
<i>Half arm</i> .....	\$32
<i>Underarm</i> .....	\$22
<i>Lip or chin</i> .....	\$20
<i>Lip &amp; brow or chin</i> .....	\$34

# RUBY'S SPA MEN'S MENU

## Shape & Buff

*30 minutes.....\$45*

Your nails will be filed and shaped, removing rough edges and cuticles.

## Men's Grand Pedicure

*45 minutes . . . \$60*

Customize your pedicure using products chosen from a seasonal menu. Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Then a warm boot wrap deep conditions your skin. Finish with a nail buff.

## Workingman's Facial

*60 minutes...\$135*

Feeling rough and dry?

Let us cleanse, exfoliate and moisturize your visage  
so it's soft, smooth and refreshed.

# A FEW THINGS TO NOTE . . .

- **Plan ahead.** We recommend scheduling your appointment prior to visiting the spa for the greatest availability of services. We require a credit card to secure your spot.
- **Arrive ahead of time.** Please arrive at least 15 minutes prior to your appointment. We are committed to beginning and ending your services on time. Any late arrivals are required to pay the full price for shortened services. Please shower prior to any treatment.
- **What to wear.** A robe and spa slippers are provided for use during your visit. Hotel guests may arrive at the spa in the robes provided in their room. All therapists are highly skilled in correct draping procedures to ensure complete privacy and comfort. If you prefer, you may choose to leave undergarments on during your services.
- **Cancellation policy.** Please let us know 24 hours in advance if you need to cancel or change a scheduled appointment. We charge 50% of the service fee for cancellations or changes made with less than 24 hours notice. No-shows are charged the full service price.
- **We'd like to know.** Please inform us of any special needs that require extra attention. If you are pregnant or have a medical condition, certain treatments are not recommended.
- **Age guidelines.** Guests of Ruby's Spa must be at least 18 years old or accompanied by an adult.
- **What to bring.** Please remove jewelry prior to visiting the spa, and refrain from bringing valuables. Day lockers are available for guests not staying at the hotel. Bring your swimsuit to enjoy the soaking pool.
- **Tips.** Gratuities are not included in pricing and are appreciated in acknowledgment of superior service.

*Prices and services are subject to change without notice.*

