



## Lap Swim Hours for Fall and Winter



### LAP SWIMMING POLICY & ETIQUETTE

#### **LANE TIMES**

#### **Monday-Thursday**

9am-4pm

(last hour 3-4pm)

7pm-8pm.

#### **Friday**

9am-3pm

(last hour 2-3pm)

7pm-8pm

#### **Saturday/Sunday**

No lanes available

- 2 people? Swim on each side or circle swim.
- 3 people or more? Circle swim counterclockwise.
- No children unless they are lap swimming continuously.
- No flip turns in the shallow end, no exceptions.
- No Water Walking in the lanes, please
- Each swimmer is responsible to watch where you are going.
- No lanes available for lap swimming on Saturday or Sunday.
- No lanes available on holidays, when schools are out on vacation days. Anytime we are exceptionally busy, we may need to pull the lanes out.