

Ruby's Spa at Grand Lodge

Red-haired sorceress Ruby is the namesake of our signature Ruby Ale and, of course, spa. She is found in artwork throughout McMenamins. Our original Grand Lodge

Ruby's Spa (big sister to our second location at Edgefield) is the perfect spot to while away some time in complete relaxation and comfort.

Slip into the soothing oasis of our soaking pool, surrounded by lush flora, as the perfect complement to your visit. Open year 'round, there are no added chemicals in the saltwater pool, for a gentler soak. Bathing suits are required, and we provide a dressing room and lockers. Guests must be 18 years old or must be accompanied by an adult.

Please note: We recommend that you use the soaking pool prior to your appointment, to avoid rinsing away any skin care products after your treatment.

Overnight guests and day visitors to the Grand Lodge are all welcome at Ruby's Spa, as well as to our soaking pool.

Eminence Organics

Ruby's Spas are proud to offer this complete line of European beauty essentials, which contain the highest levels of all-natural organically grown herbs, fruits and vegetables, hand-selected to guarantee their highest quality. Over 40 years of experience and extensive research have proven the effectiveness of these superior

Hungarian spa treatments, a unique combination of fresh ingredients mixed with thermal hot spring waters containing minerals and trace elements.

RUBY'S SPA

McMenamins Grand Lodge

SKIN CARE

Ruby's Spa Facial

30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175

Using fruits, herbs and spices, a thorough cleansing, exfoliation, masque and soothing facial massage performed by a trained aesthetician will make your skin shimmer and glow. The ingredients change with the season, to provide you with the freshest potion possible.

Clear Skin Facial

60 minutes . . . \$145

Let Mother Nature help cleanse and refine your complexion with healing, antibacterial elements such as Hungarian mud, clays and more, custom blended for those with acne-prone or reactive skin. Our licensed aestheticians will give you suggestions on specially designed products and instructions to further treat your skin at home.

Rejuvenating Facial

60 minutes . . . \$145

This anti-aging treatment addresses your skin's loss of elasticity due to the natural aging process as well as environmental damage. Loaded with potent organic vitamins and rich plant greens, your skin will be lifted, toned and rebalanced. You'll feel revitalized, radiant and perhaps even years younger!

Sun & Moon Facial

90 minutes . . . \$175

Experience the warmth of the sun and the coolness of the moon – the natural acids of fresh apple and grape pulps blended with paprika and other warming herbs act as natural exfoliants and stimulating detoxifiers, while a chilled organic masque soothes your skin 'til it's illuminated.

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Ruby's Spa Back Treatment

60 minutes . . . \$145

Using exotic spices, fruits and vegetables, this back treatment will increase circulation and cleanse and exfoliate your shoulders and back, specific to your skin's needs. Finally, aromatic body butter will be smoothed into your skin so you're refreshed and glowing.

Clarifying Back Treatment

60 minutes . . . \$145

We'll refine the tender skin on your back using natural products, specific to your skin concerns. A healing blend of fresh fruits and vegetables will be used to cleanse and exfoliate your skin, while treating breakouts at the source. Finally, enjoy the luscious scent of a whipped moisturizer that will keep your skin hydrated and clear.

Bright Eyes Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

Relax and destress as a raspberry, naseberry, cucumber and wild plum blend is used to gently exfoliate and stimulate your eye area, reducing puffiness and dark circles. A pressure point massage gently eases away any remaining signs of stress.

Full-fill Lip Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

We'll exfoliate, hydrate and plump your lips using natural peptides and hawthorn berries that aid in building collagen and filling in fine lines.

Elixir Oil Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

Add Paraffin

Hand . . . \$15 Feet . . . \$15 Both . . . \$25

BODY TREATMENTS

Enjoy a 10% discount on any massage or facial when added to a body treatment; this service must be reserved in advance.

Grand Lodge Seasonal Body Works

60 minutes...\$140

Natural, seasonal ingredients are used to scrub, wrap and soothe your entire body from head to toe. Choose your own scents and aromas from a menu of products that change with the season, ensuring the freshest ingredients available.

Detoxification Body Treatment

60 minutes...\$140

Done a bit too much celebrating lately? In this treatment, we'll use natural products to scrub and wrap your body while the toxins leave your skin. Then, after the product removal, your skin will be soothed with a calming finishing lotion.

Body Scrub

45 minutes...\$100

The technician begins with a light Jasmine Green Tea cleanse. This is followed by a coarse sugar scrub for exfoliation, and soothing warm towels. After removing the scrub, a body butter is applied to fully moisturize the skin.

MASSAGE

Ruby's Spa Massage

30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175

Luxurious oils are used with gentle massage techniques to assist with stress relief and muscle aches.

Hot Stone Massage

60 minutes . . . \$155 90 minutes . . . \$190

Warm basalt stones and rich oils release tension along the spine, shoulders, legs and back to rebalance and renew your energy.

Spellbound Aroma Massage

90 minutes . . . \$185

This massage will take you to a dream state of relaxation using custom-blended oils. Soothing massage strokes will leave you thoroughly rejuvenated.

Hammerhead Deep Tissue Massage

60 minutes . . . \$145

Tension bound deep within your muscles is released with this effective treatment. Organic oils and massage provide intensive therapy for muscles, joints and ligaments.

Mommy-to-Be Massage

60 minutes . . . \$135

Ideal for the expectant mother in her second or third trimester, this massage offers gentle relief from the natural tension and demands of pregnancy, while restorative oils soothe overworked skin.

Couple's Massage

60 minutes . . . \$285 90 minutes . . . \$365

Try a side-by-side appointment, where you'll both be treated to a massage by two trained therapists. Let them knead, ease and relieve tension as you and your partner enjoy each other's company.

Add Paraffin

Hand . . . \$15 Feet . . . \$15 Both . . . \$25

Elixir Oil Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

Add Myofascial Cupping

Add to any table massage . . . \$15

Deep release of myofascial tissue.

CBD Oil Blend

Add to any table massage . . . \$30

FOOT AND HAND THERAPY

Grand Lodge Foot Massage

45 minutes . . . \$85

Relax, refresh and revive your tired feet with a foot soak and massage.

Grand Lodge Foot Treatment

60 minutes . . . \$100

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

Hand Therapy Massage

45 minutes . . . \$75

Soothing relief for tired hands and forearms; our therapists will use focused massage techniques to work out the kinks in your muscles. As an added benefit, they'll work in a sugar scrub and paraffin wax to leave your skin soft and moisturized.

NAIL SALON

Please note that sitting in the soaking pool after a nail treatment will cause your polish to bubble; we suggest you arrive early to enjoy the pool before your treatment.

Grand Lodge Manicure

45 minutes . . . \$65

Grand Lodge Pedicure

60 minutes . . . \$75

Customize your own manicure and pedicure using products chosen from a changing seasonal menu. Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Finally, a warm mitten or boot wrap deeply conditions your skin.

Finish with a nail buff or polish of your choice.

Ruby's Express Manicure

30 minutes . . . \$50

Ruby's Express Pedicure

45 minutes . . . \$60

In a bit of a hurry? Then enjoy the benefits of our express nail services that use seasonal products from a changing menu. Nails are trimmed, cuticles are tidied and your skin is lightly massaged. Finish with a nail buff or polish of your choice.

Shellac... \$30

Add on...\$20

Removal... \$10

Add French... \$10

Shellac is a nail color treatment that is applied like a polish and set under a UV lamp, resulting in an instantly dry color that lasts for up to two weeks.

Polish Change Only...\$30

French Manicure or Pedicure...add \$10

RUBY'S SPA PACKAGES

The Perfect Potion...\$280

A great way to enjoy our most popular services. Start off with an hour-long Ruby's Spa Massage. Next, enjoy an hour-long Ruby's Spa Facial and a 45-minute Ruby's Express Pedicure.

Ruby's Retreat...\$382

Need some serious pampering and luxury? This is your package. Enjoy a lavish 90-minute Ruby's Spa massage, 60-minute facial, followed by a Grand Lodge Manicure and Pedicure.

The Works...\$433

This treatment has it all. Begin with an hour-long body treatment (Seasonal Body Works or Detoxification), followed by another hour of a Ruby's Spa Massage. Next, enjoy a lavish 90-minute Sun & Moon Facial, along with the Bright Eyes and Full-fill Lip treatments.

Spa Overnight Getaway Package

Includes lodging for two in the hotel in a queen European-style room, two 60-minute spa treatments (choose from below), along with breakfast the next morning.

Please call the hotel for reservations and rates.

- two Ruby's Spa Massages *or*
- two Ruby's Spa Facials *or*
- one Ruby's Spa Massage
and one Ruby's Spa Facial *or*
- one Couples Massage
(available for an additional charge)

WAXING

Depilatory Waxing

<i>Brows</i>	\$22
<i>Bikini</i>	\$47
<i>Brazilian</i>	\$72 and up
<i>Full leg</i>	\$72
<i>Half leg</i>	\$47
<i>Full arm</i>	\$42
<i>Half arm</i>	\$32
<i>Underarm</i>	\$22
<i>Lip or chin</i>	\$20
<i>Lip & brow or chin</i>	\$34

RUBY'S SPA MEN'S MENU

Shape & Buff

30 minutes.....\$45

Your nails will be filed and shaped, removing rough edges and cuticles.

Men's Grand Pedicure

45 minutes . . . \$60

Customize your pedicure using products chosen from a seasonal menu. Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Then a warm boot wrap deep conditions your skin. Finish with a nail buff.

Workingman's Facial

60 minutes...\$135

Feeling rough and dry?

Let us cleanse, exfoliate and moisturize your visage
so it's soft, smooth and refreshed.

A FEW THINGS TO NOTE . . .

- **Plan ahead.** We recommend scheduling your appointment prior to visiting the spa for the greatest availability of services. We require a credit card to secure your spot.
- **Arrive ahead of time.** Please arrive at least 15 minutes prior to your appointment. We are committed to beginning and ending your services on time. Any late arrivals are required to pay the full price for shortened services. Please shower prior to any treatment.
- **What to wear.** A robe and spa slippers are provided for use during your visit. Hotel guests may arrive at the spa in the robes provided in your room. All therapists are highly skilled in correct draping procedures to ensure your complete privacy and comfort. If you prefer, you may choose to leave undergarments on during your services.
- **Cancellation policy.** Please let us know 24 hours in advance if you need to cancel or change a scheduled appointment. We charge 50% of the service fee for cancellations or changes made with less than 24 hours notice. No-shows are charged the full service price.
- **We'd like to know.** Please inform us of any special needs that require extra attention. If you are pregnant or have a medical condition, certain treatments are not recommended.
- **Age guidelines.** Guests of Ruby's Spa must be at least 18 years of age or must be accompanied by an adult.
- **What to bring.** Please remove jewelry prior to visiting the spa, and refrain from bringing valuables. Day lockers are available for guests not staying at the hotel. Bring your swimsuit to enjoy the soaking pool.
- **Tips.** Gratuities are not included in pricing and are appreciated in acknowledgment of superior service.

Prices and services are subject to change without notice.

