## Lap Swim Hours for the Fall and Winter



## Starting Sept. 8<sup>th</sup> Lanes available 9am-3pm Mon-Friday 7-8pm Mon-Thursday No lanes on Sat or Sunday or holidays.

## LAP SWIMMING HOURS, POLICY & ETIQUETTE

- No one gets their own lane. Please welcome additional swimmers into your lane.
- 2 people? Swim on each side or circle swim.
- 3 people or more? Circle Swim (stay on the right).
- No children unless they are lap swimming continuously.
- Lanes are not for teaching children to swim, but non-stop swimming.
- No flip turns in shallow end.
- No water walking, please.
- Be responsible for where you are going to avoid colliding with someone.
- No lanes available 3pm Friday through the weekend.
- On holidays, when schools are on vacation, or when we are very busy, there will be no lanes.